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AIRO2022

Radioterapia di precisione per un'oncologia innovativa e sostenibile

BOLOGNA, 25-27 NOVEMBRE
PALAZZO DEI CONGRESSI

 Associazione Italiana
Radioterapia e Oncologia clinica

 Società Italiana di Radiobiologia

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Ifosfamide: la tossicità ematologica e delle mucose

Silvia Cammelli

*Radioterapia Oncologica, IRCCS Azienda Ospedaliero-Universitaria di Bologna;
Università di Bologna*



DICHIARAZIONE

Relatore: Silvia Cammelli

- Posizione di dipendente in aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Consulenza ad aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Fondi per la ricerca da aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Partecipazione ad Advisory Board **(NIENTE DA DICHIARARE)**
- Titolarità di brevetti in compartecipazione ad aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Partecipazioni azionarie in aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**



IFOSFAMIDE

- Alkylating drug
- Cyclophosphamide analogue with lower haematological toxicity, better therapeutic index
- Commonly used as first-line treatment for soft tissue and bone sarcomas, concomitant with other drugs (anthracycline, etoposide, vincristine)
- In testicular cancer, lung cancer and head-neck cancer can be used as a second or third line drug
- Always administered in association with MESNA (uroprotector)



IFOSFAMIDE

toxicity

- **Myelosuppression**
- Nausea and vomiting
- Hemorrhagic cystitis
- Alopecia
- Renal toxicity with tubular damage and even severe renal failure
- Neurological toxicity (convulsions , impairment of consciousness or capacity of thought)
- Sterility



SOFT TISSUE SARCOMAS

GUIDELINES



Treatment evolution:





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 0360-3016/03/\$-see front matter

doi:10.1016/S0360-3016(03)00186-X

CLINICAL INVESTIGATION **Soft Tissues**

NEOADJUVANT CHEMOTHERAPY AND RADIOTHERAPY FOR LARGE EXTREMITY SOFT-TISSUE SARCOMAS

THOMAS F. DELANEY, M.D.,* IRA J. SPIRO, M.D., PH.D.,* HERMAN D. SUIT, M.D., D. PHIL.,*
 MARK C. GEBHARDT, M.D.,† FRANCIS J. HORNICER, M.D., PH.D.,† HENRY J. MANKIN, M.D.,†
 ANDREW L. ROSENBERG, M.D.,‡ DANIEL I. ROSENTHAL, M.D.,§ FARIBA MIRYOUSEFI, M.D.,*
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Departments of *Radiation Oncology, †Orthopedic Surgery, ‡Pathology, §Diagnostic Radiology, and †Hematology/Oncology, Massachusetts General Hospital, Boston, MA

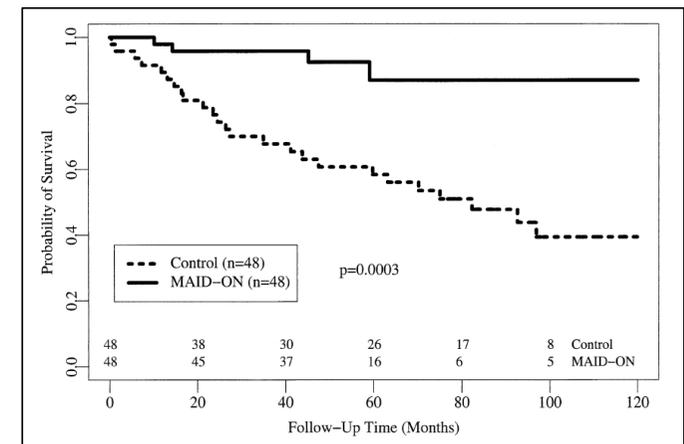
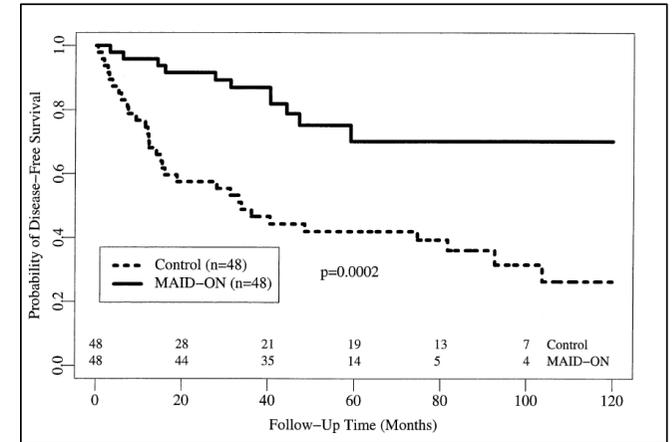
Pilot study
 (48 vs 48 patients)



CHT: Ifosfamide (2000mg/m²/day, days 1-3) + Doxorubicin (20mg/m²/day, days 1-3)+ Dacarbazine (250mg/m²/day, days 1-4)
 + RT (split course, 44 Gy)



Only RT (44 Gy)





- Febrile neutropenia requiring hospital admission and antibiotics occurred in 12 patients (**25%**) at some point in their chemoradiation
- G-CSF was given to 39 patients (81.3%)
- Grade 1 (microscopic) hematuria was seen in 28 patients (58.3%)
- No data about the possible interruption of radiotherapy due to febrile neutropenia

Phase II Study of Neoadjuvant Chemotherapy and Radiation Therapy in the Management of High-Grade, Soft Tissue Sarcomas of the Extremities and Body Wall: Radiation Therapy Group Trial 9514
William G. Kraybill, Jonathon Harris, Ira J. ... Thomas F. DeLaney, Ronald H. Blum, David R. Lucas, David C. Harmon, ...

Cancer ... (19): 4613-4621. doi:10.1093/...
Long-Term Results of ... Neoadjuvant Chemotherapy ... Management of High-Risk, High-Grade Soft Tissue Sarcomas of the Extremities and Body Wall
Jonathan Harris, MS², Ira J. ... David S. Ettinger, MD⁴, ... Ronald H. Blum, MD⁵, ... David C. Harmon, ...

Common Terminology Criteria for Adverse Events (CTCAE)
Grade 3: severe or medically significant but not immediately life threatening; hospitalization or prolongation of hospitalization indicated
Grade 4: Life-threatening consequences; urgent intervention indicated

64 Patients

- 59%

and all planned chemotherapy cycles

Gr 4 hematologic toxicity (mainly leukopenia)

No data on the possible interruption of radiotherapy due to neutropenia

Clinical Trial > Am J Clin Oncol. 2019 Jan;42(1):1-5. doi: 10.1097/COC.0000000000000467.

Neoadjuvant Interdigitated Chemoradiotherapy Using Mesna, Doxorubicin, and Ifosfamide for Large, High-grade, Soft Tissue Sarcomas of the Extremity: Improved Efficacy and Reduced Toxicity

Mudit Chowdhary¹, Neilayan Sen¹, Elizabeth B Jeans¹, Luke Miller¹, Marta Batus², Steven Gitelis³, Dian Wang¹, Ross A Abrams¹

26 adults with large G3 extremity STS between 2008 to 2016 underwent neoadjuvant chemoradiotherapy with 3 cycles of mesna, doxorubicin, and ifosfamide (MAI) and 44 Gy (22 Gy in 11 fractions between cycles of MAI)+ surgery+ 3 additional adjuvant cycles of MAI. Ifosfamide: 2000 to 2500 mg/m² on days 1 to 3, Doxorubicina: 30 to 37.75 mg/m² on days 1 and 2

Results: At a median follow-up of 47.3 months, no therapy-related deaths or secondary malignancies. 69.2% of patients experienced acute grade 4 hematologic toxicity. The nonhematologic G 4 toxicity rate was 7.7%

Conclusions: Neoadjuvant interdigitated MAI RT followed by resection and 3 cycles of adjuvant MAI has resulted in acceptable and manageable toxicity.

Feasibility of Preoperative Chemotherapy With or Without Radiation Therapy in Localized Soft Tissue Sarcomas of Limbs and Superficial Trunk in the Italian Sarcoma Group/ Grupo Español de Investigación en Sarcomas Randomized Clinical Trial: Three Versus Five Cycles of Full-Dose Epirubicin Plus Ifosfamide

Elena Palassini, Stefano Ferrari, Paolo Verderio, Antonino De Paoli, Javier Martin Broto, Vittorio Quagliuolo, Alessandro Comandone, Claudia Sangalli, Emanuela Palmerini, Antonio Lopez-Pousa, Rita De Sanctis, Stefano Bottelli, Michela Libertini, Piero Picci, Paolo G. Casali, and Alessandro Gronchi

303 patients included in this analysis.

All received pre-op CHT (epirubicina + Ifosfamide)

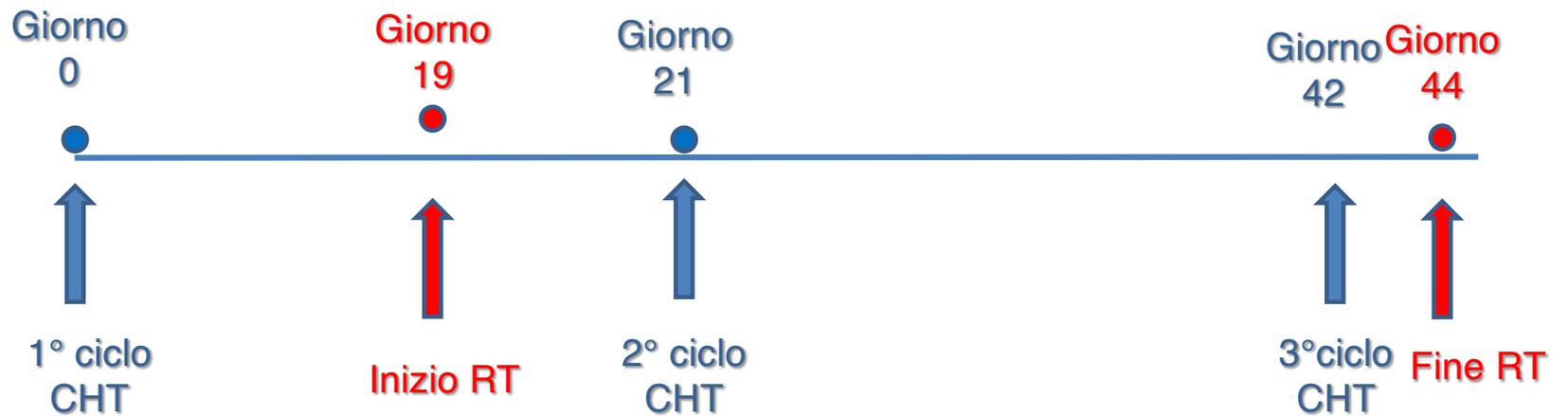
152 pt: concurrent RT preoperatively at a total dose of 44 to 50 Gy.



Ifosfamide: 3000 mg/m²/day, days 1-3
 Epirubicina: 60 mg/m²/day, days 1-2
 Granulocyte stimulating factors: from day 7 to day 14

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	Neutropenia Gr.3-4	Anemia Gr.3-4	Thrombo cytopenia Gr.3-4
TOT	61,4 %	22,4 %	23,8 %
CHT+ RT	66,4 %	24,3 %	31,6 %
CHT only	56,4 %	20,5 %	15.9 %

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- ✓ Results:... Chemotherapeutic Dose Intensity (DI) was greater than 90%, even in patients receiving preoperative RT and in patients age 65 years or older
- ✓ 15.2 % CHT dose reduction (41% pz. older than 65y had CHT dose reduction or interruption)

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✓ ...how many Patients had to stop radiotherapy?

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✓ simultaneous use of granulocyte stimulating factors and radiotherapy?



> Contemp Oncol (Pozn). 2017;21(1):60-65. doi: 10.5114/wo.2017.66658. Epub 2017 Mar 22.

Neoadjuvant sequential chemoradiotherapy versus radiotherapy alone for treatment of high-risk extremity soft tissue sarcoma: a single-institution experience

Leyla Kiliç ¹, Meltem Ekenel ¹, Senem Karabulut ¹, Fulya Ağaoğlu ², Emin Darendeliler ²

67 Patients:

34: neoadjuvant sequential chemoradiotherapy (2-3 cycles of doxorubicin and ifosfamide followed by **RT of 28 Gy administered as 8 fractions of 3,5 Gy** and 33 patients only RT.

33 : Radiotherapy alone

Toxicity results:

- Leucopenia in 55% in the sequential treatment arm
- G4 toxicity in 26% of the patients.
- The most common non-haematological adverse events were nausea and/or vomiting (all patients).
- Dose reductions in 35% (n = 12) of the cases, mostly due to febrile neutropenia and G4 thrombocytopenia.
- In each arm, no RT interruptions

Conclusion:

Acceptable toxicity in both arms



Conclusions:

- High toxicity with concomitant CHT + RT regimen (doxorubicin and ifosfamide)
- Possible concomitance but only within Clinical Trials and in Reference Centres

Open questions:

- Possible role of hypofractionated RT ? Better toxicity management?
- New drugs with lower toxicity profile?

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CLINICAL CASE

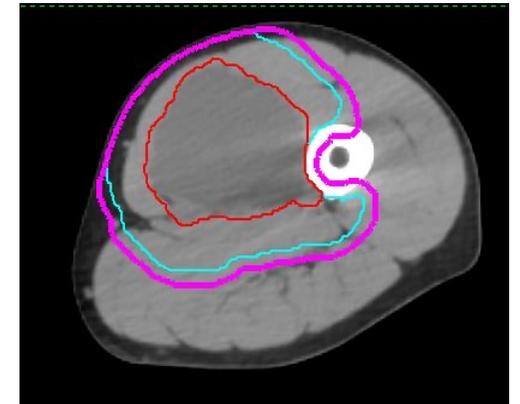


48 aa

Liposarcoma mixoide ad alto grado del terzo mediale della
coscia dx (14X6X8 cm)

Stadiazione negativa per secondarismi

Stadio: cT3N0M0 (IIIB)





Meeting Multidisciplinare sarcomi: indicazione a trattamento chemio-radioterapico pre-operatorio

Prescrizione: **50 Gy in 25 frazioni + 3 cicli di CHT neoadiuvante**

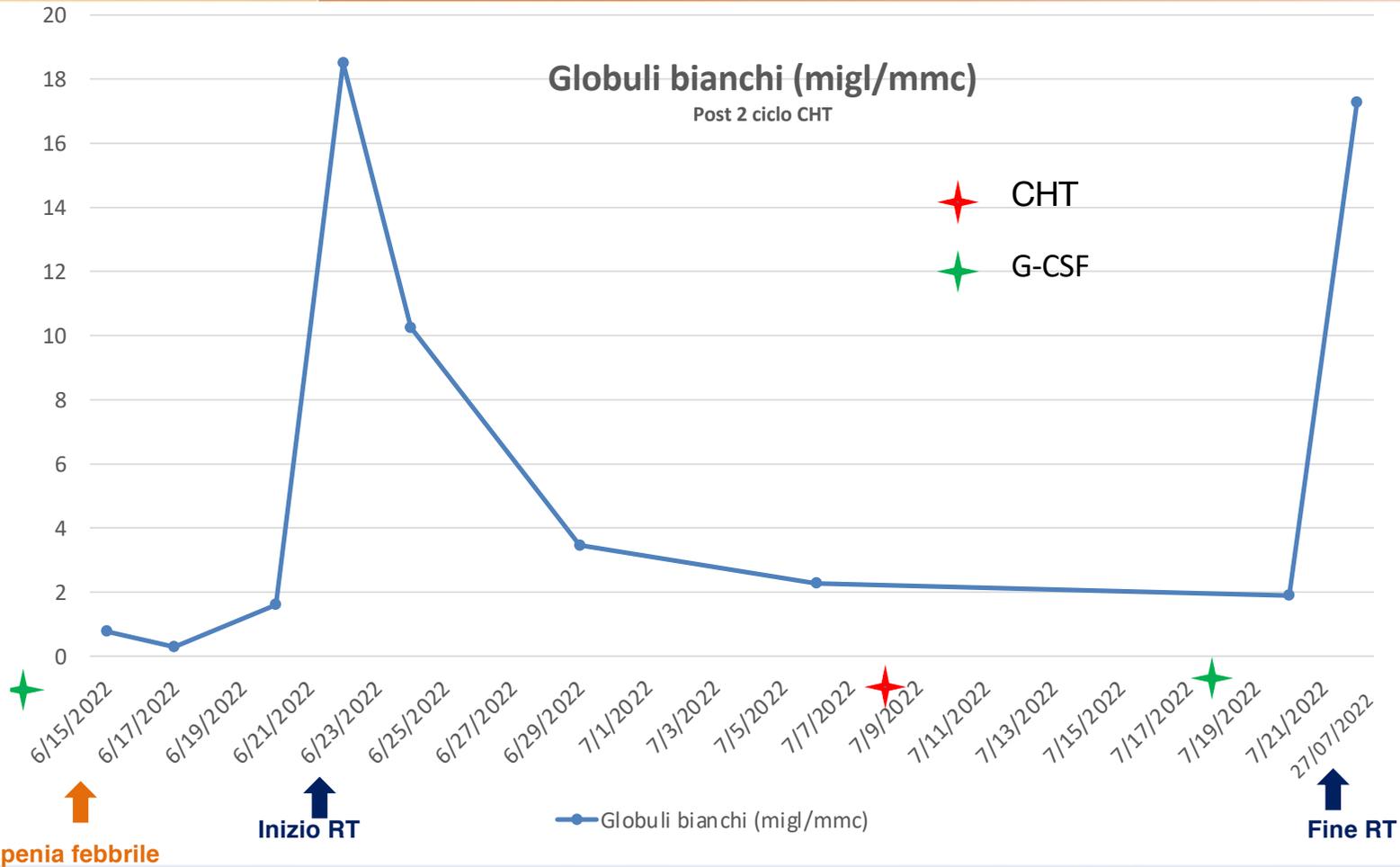
17/05/2022: 1° ciclo CHT (ifosfamide 3 g/m²/die, gg 1,2,3+ doxorubicina 37.5 mg/m²/die, gg 1-2)

06/06/22 visita radioterapica + TC centratura

07/06/2022 : 2° ciclo CHT (ifosfamide 3 g/m²/die, gg 1,2,3+ doxorubicina 37.5 mg/m²/die, gg 1-2)

08/07/22 3° ciclo (solo ifosfamide)

01/08 4 ciclo CHT solo doxorubicina



Neutropenia febbrile

Inizio RT

—●— Globuli bianchi (migl/mmc)

Fine RT

Caso clinico 2

54 aa

Sarcoma sinoviale bifasico della regione mediale del piede sn (3.7 cm)

Stadiazione negativa per secondarismi

Discussa al MDT sarcomi con indicazione a radio-chemioterapia neoadiuvante.

22/06/22: 1 ciclo CHT (IFO + adria)

08/08/22: 3 ciclo CHT

08/08/22 Visita + TC di centratura

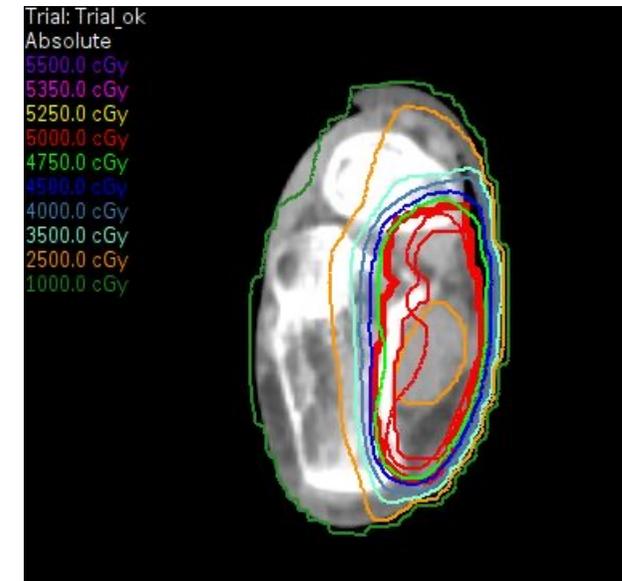
19/08/22 contattata la Paziente, fattori di crescita in corso

Fino al 24/08/22: ricovero per leucopenia febbrile

Emocromo del 27/08/22: GB 1970, Neutr 1020, Hb 9.6, PLT 321 000

29/08/22: inizio RT (prescrizione: 5000 cGy in 25 fx)

06/09/22: 7 seduta (1400 cGy) → GB 1650, Neutr 900, Hb 10.1, PLT 346 000



Ritardo dell'inizio della RT in attesa di stabilità ematologica